

Newborn Bare Necessities Checklist

Sleeping:

Choose one of the following:

- A crib/cot, with tight fitting mattress and mattress cover
- Bassinet
- Play yard
- Portable crib

You will also need:

- 3 or 4 well fitting sheets
- 4 light blankets or swaddles

Nice to have:

- 2 or 3 sleep sacks

Diapering:

- Wipes or soft washcloths
- Diaper Cream
- Diaper bin (with liner and lid)

If using disposable diapers:

- 2 packs of newborn diapers
- 1 pack of size 1 diapers

If using cloth diapers:

Either:

- 24 prefold diapers
- 6 waterproof wraps
- 2 snappi fasteners
- Flushable liners (optional)

Or:

- 24 all-in-one or pocket diapers with inserts
- Flushable liners (optional)

Nice to have:

- Changing table and pad

Feeding:

- 5 or 6 burp cloths (or cloth diapers)
- 4 or 5 bibs

If breastfeeding:

- 2 or 3 nursing bras
- Reusable or disposable breast pads
- Nipple Cream

Nice to have:

- Feeding cushion – or plenty of pillows!
- Breast Pump and bottles
- Rocking chair/comfy chair

If bottle feeding:

- 6-10 bottles
- Formula
- Bottle Brush

Nice to have:

- Bottle Drying rack
- Rocking chair/comfy chair

Clothing:

- 6-8 onesies or vests
- 6-8 one-piece body suits
- 2 wool or cotton hats
- 2-4 pairs of socks or booties
- 2 pairs mittens
- 2 light cardigans
- Snowsuit for winter baby
- Fragrance free laundry detergent

Nice to have:

- 2 special outfits
- 2 or 3 nightgowns

Bathing:

- 3 or 4 soft washcloths
- Fragrance-free wash
- 2 soft towels
- Soft bristled hairbrush

Nice to have:

- Baby Bath
- Sprinkler/scoop

Medicine cabinet:

- Nail clippers or scissors
- Bulb syringe
- Baby thermometer
- Infant painkiller

Gear:

- APPROVED INFANT CAR SEAT!
- Baby carrier or sling
- Diaper bag

Nice to have:

- Stroller/Pushchair
- Bouncy seat
- 2 or 3 pacifiers/dummies
- Rattles/baby toys
- Crib mobile
- Night Light
- Video monitor